

PHYSICAL ADDRESS
13 Hermit Thrush Drive
Buxton, Maine 04093
(207) 929-3535



# FORWARD

#### **MAILING ADDRESS**

P.O. Box 424
Bar Mills, Maine 04004
www.barmillscommunitychurch.org

#### **Happy New Year!**

Forgetting what is behind and reaching forward to what is ahead, I pursue as my goal the prize promised by God's heavenly call in Christ Jesus. - Philippians 3: 13-14, CSB

It's that time again. A time to refresh and start anew. A time to forget the past and reach for the future. A time to put aside our failings and seek new adventures. A time to hope for a better you and a better world. It's time for a new year. If only it were that easy.

Every January, we hope and pray that this year will be better than the last. But as the new year unfolds, it does not always play out that way. Some things are better, some are worse, and some remain the same. This endless cycle can make life feel insignificant. So how do we find purpose in what can seem insignificant?

In the verse above, Philippians 2:13-14, Paul reminds us that we reach to the future by pursuing the eternal prize of Jesus. We are to seek God's call in our lives as we live in our faith daily. A life in Christ is not insignificant because we are pursuing the calling that God has for us.

I want us to embrace a vision for the future: *Building Meaning through Christian Community*. This will be our guide to remembering what is behind us while reaching toward where God is taking us. I unpack this statement more in the annual report and will be sharing about it on Sunday mornings.

We will begin the new year by using Ephesians 1 and 2 to provide a foundation of faith, helping us "build meaning" by understanding who God is and the good news of the gospel. On Wednesdays, starting January 12th, we will resume our weekly Bible Study starting at 6pm. Each week we will look at the themes for the coming week's sermon, wrestling with God's word together in "Christian community". As we pursue God's heavenly call for our church, we are building meaning through Christian community.

I am looking forward to this new year together at Bar Mills Community Church. I pray that you will join me as we reach forward to what is ahead!

Dave A. Reiss Pastor



#### **Get Into Shape**

#### **Theme**

Get into spiritual shape

#### **Object**

Any exercise item such as barbells or jump rope, milk, pillow

#### Scripture

Physical exercise has some value, but spiritual exercise is much more important, for it promises a reward in both this life and the next. 1 Timothy 4:8

Happy New Year Everyone! Who can tell me what a new year's resolution is? (a promise to do something new or differently that year) Did anyone make a new year's resolution? The resolution that the most people make is to get into shape.

So let's talk about how we get into shape. There are three main things...1. exercise, 2. eat right – what is good for you 3. get proper rest I brought some of the things I use to get into shape. (weights for exercise, milk, pillow show how some are used)

Did you know the bible talks about exercise? This is what it says...

"Physical exercise has some value, but spiritual exercise is much more important, for it promises a reward in both this life and the next." (1 Timothy 4:8) It is fine to exercise – it will help you in this life but if you spiritual exercise – practice what God tells that will benefit you now and in heaven.

The Bible also talks about milk. This is what it says...

"Be like a newborn babies, always thirsty for the spiritual milk, so that by drinking it you may grow up and be saved." (1 Peter 2:2)

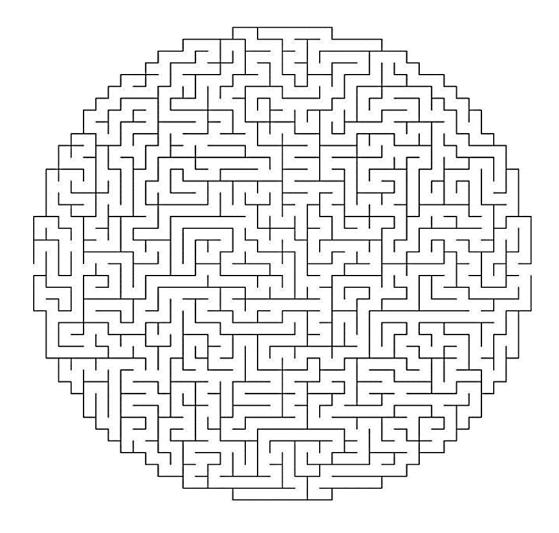
Last let's talk about rest. What did God do on the after he created heaven and earth on the seventh day? He rested. There are so many references in the Bible telling us we are to have a Sabbath of rest. That is so important! God not only wants us to rest, he demands that we stop work and rest for him.

So let me show you some things to help me get into spiritual shape. I have my Bible and a devotional book and the book I am reading for my Sunday School class; this will give me the spiritual nourishment so I can do some spiritual exercising. I have my calendar here to remind me to rest marked on Sunday.

So today's lesson for the New Year is to "Get into Shape!

**Let's pray:** Dear Lord, You provide us all we need to get into spiritual shape. Help us to make that our promise to you. Help us to provide these children with the spiritual nourishment and exercise they need to be saved. Amen.

## Many Parts, One Body



Your diet is not only what you eat.

It is what you watch,

what you listen to,

what you read,

the people you hang around...

Be mindful of the things you put into your body
emotionally, spiritually and physically.

## Many Parts, One Body

- 1. Find the word in the puzzle.
- 2. Words can go in any direction.
- 3. Words can share letters as they cross over each other.

M	Z	Н	R	F	K	S	ı	E	Z	Ε	0	G	S	Α
D	S	Q	В	Т	N	Q	Z	Υ	w	L	Α	D	Q	S
R	N	ı	F	Н	E	Α	D	E	Z	D	N	R	С	E
L	Α	E	Т	N	E	T	Р	S	В	Α	S	E	S	0
С	E	W	М	Р	S	Υ	I	I	Н	L	E	Р	X	T
T	I	U	В	D	Α	X	Υ	E	С	D	٧	E	T	D
D	J	М	S	N	D	В	0	Н	L	В	K	K	N	Z
С	M	S	R	Z	Р	E	С	I	W	М	N	U	T	R
N	R	Н	W	Α	N	K	С	L	М	E	С	Z	0	U
Т	I	R	I	P	S	0	Q	F	V	В	Α	Н	U	0
С	В	J	К	L	U	В	S	Z	Υ	С	T	X	Н	R
L	Р	Х	U	J	0	٧	L	Ε	w	М	I	ı	U	K
G	L	0	Q	D	М	Q	D	G	N	Н	X	Т	Q	G
G	N	S	Υ	S	F	Q	G	С	F	0	L	٧	С	Α
В	W	J	N	I	Α	R	В	G	Z	R	Q	E	L	M

Baptism	Body	Brain
Ears	Eyes	Feet
Hands	Head	Knees
Nose	Spirit	Toes

# Christmas at Bar Mills Community Church

#### **Annual Christmas Marketplace**

On the first Saturday in December, we held our Annual Christmas Marketplace. This is our big fundraiser for the year. The funds that we raise go to the church and to support local mission projects.

We would like to thank everyone involved for making this event such a huge success. It takes a village to put this event together. We also extend a thank you to all who come and visit us each year and shop at this event.

We hope to see you next year. Have a happy and safe year!













#### **Christmas Family Fun Day!**

We had a great time at our Christmas Family Fun Day! We decorated (and ate) cookies, made ornaments, and watched a movie together. It was great to see the church alive with children having fun! Thank you to everyone that helped make this event a success. The adults had as much fun as the children did.







#### **Women's Fellowship Circle**

Our Women's Fellowship Circle had an incredible night of fellowship, including a classic "Yankee Swap" gift exchange. It seems like every group has a variation of rules, how do you "yankee swap" (or white elephant). We also shared in a wonderful meal. Each person brought an item to put in the pot to make a soup surprise and to our surprise it was delicious. This was also the largest group we have had at this party.



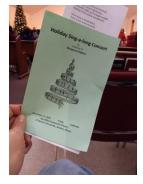




#### **Margaret Hopkins Student Violin**

We are glad to welcome back Margaret Hopkins and her string students. It is a blessing to open our church home with the community and share in celebrating Christmas.





#### **Christmas Eve Service**

We had a fabulous Christmas Eve Service. What a blessing to see the church full of life and activity. Each person in the congregation participated in a live nativity. There we angels, animals, shepherds and wise people. As Pastor Dave read the story from Luke each group came to the manager on stage to worship the new born king.







## Bar Mills Community Church Council Meeting Minutes December 14, 2021

**Present** –Tom Brunelle, Linda Caouette, Tim Cook, Lori and Michael Dorey, Sue Dunn, Judy and Don Moody, John Myers, Barbie Petersen, Pastor Dave Reiss, Anna Maria Salvatore, Judy Sjulander.

Meeting Opened Pastor Dave Reiss led us in prayer

**Clerk Report** - see report (accepted)

#### Financial Reports - checking account - see reports(accepted)

1. Hannaford cards coming slowly needing two weeks lead time for shipping

#### Treasurer's Reports – see report (accepted)

- 1. Three or four \$50 Hannaford gift cards not used for November mission.
- 2. These gift cards will go to the Loving Cup to help with needy families.

#### **Proposed Budget Items**

- 1. The doors on the class rooms and office need to be replaced with safety doors and need to have windows in them. The cost for four new doors with glass about \$2500. This will be added into the budget for this year.
- 2. The church is considering either buying a new lawn mower or hiring a landscape company or person to care for the grounds. Judy Sjulander to get proposals for hiring outside help. This will be added into the budget for this year.
- 3. Discussed salt and sanding not a budget item.
- 4. Copyright license to play movies to cost about \$350 in addition to license for music, etc.
- 5. It has been suggested by the insurance company and the Security/Safety team that the church invest in outside security cameras. The options that were mentioned were ADT security or a system similar the Ring Security System etc.
- 6. There was a discussion on whether the church needs this type of surveillance or not. There were opinions for and against having cameras at the church. Tom Brunelle ended discussion by tabling this matter.
- 7. In order to use our video equipment properly the cable/internet needs to be upgraded. Tom Brunelle will be meeting with Spectrum to find out our options and the cost to upgrade.

#### **Deacons Report**

1. There are a couple of deacons whose terms have ended so new deacons will need to be nominated.

#### Women's Fellowship Circle

1. This group will be giving \$250 for tornado disaster relief for the southern states that were destroyed in December and challenging congregation to help out too.

#### **Social Media**

- 1. The Our Daily Bread and daily Bible passage still be posted each morning.
- 2. Pastor Dave Reiss has been posting items about the church activities.
- 3. Still working on on-line giving options.

#### **Christian Education**

- 1. The Christmas Family Fun Day was a huge success
- 2. Planning family activities at free suppers in hopes to draw in more of the community to join us.

#### **Building and Grounds**

- 1. The church still has not received a bill for having the septic system pumped in the Fall. John Myers has reached out to the company.
- 2. Water people coming to test system.
- 3. Clean steeple next spring.
- 4. Need to clean out unused stuff throughout church building.
- 5. Ready for painters! Painters coming the beginning of January

#### Missions

- 1. Our church donated almost \$10,000 this year to the missions we support!
- 2. January mission sock drive for Preble Street Resource Center and Friendship House.
- 3. February mission will be to collect canned goods for Buxton Community Cupboard. We also do a special collection on Souper Bowl Sunday. Bring in canned goods with bills wrapped around the can.

#### **Old and New Business**

- 1. There will be a Drop and Shop the day of the Annual Meeting on January 16, 2022.
- 2. Please drop off your unwanted gently used items at the church on January 15<sup>th</sup>. No large items such as: old appliances or work out equipment.
- 3. The Drop and Shop is an event where people bring in unwanted items for others to take home for FREE.

#### Pastor's Report

- Christmas Eve to be a family friendly service with interactive like Nativity Scene. The service will start at 4 pm with light refreshments after the service. There will be a special offering to go towards tornado disaster relief
- 2. Sunday service after Christmas low key.
- 3. Open house at Pastor Dave Reiss' home on New Year's Day.
- 4. New year to focus on Building a Christian Community with Meaning
- 5. Pastor Dave Reiss will be away on February 27th. Brother being married in Philadelphia, PA
- 6. Mission project for May 21st will be a 6K to raise money for "water" project

**Meeting closed** in prayer by Pastor Dave Reiss Barbie Petersen, Clerk

Bible Study

Starting Wednesday, January 12, 2022 6:00 pm

Please join us each week as we gather together (in person or via Zoom) to glorify God through fellowship with one another and to study God's Word.

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# Free Community Supper

Saturday, January 22, 2022 5:00 pm - 6:00 pm

# Hawaiian Style



This will be fun for the whole family.

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## -Prayer Time

#### Prayer for New Year

As the dawn breaks on a new year, let us give thanks for all we hold dear:

our health, our family and our friends.

Let us release our grudges, our anger and our pains, for these are nothing but binding chains.

Let us live each day in the most loving ways, the Godconscious way.

Let us serve all who are in need, regardless of race, color or creed.

Let us keep God of our own understanding in our hearts and to chant God's name each day.

Let us lead the world from darkness to light, from falsehood to truth and from wrong to right.

Let us remember that we are all one, embracing all, discriminating against none.

May your year be filled with peace, prosperity and love.

May God's blessings shower upon you

and bestow upon each of you a bright, healthy and

peaceful new year.

Rev. Marcy Sheremetta

#### Prayer for Those Grieving

Bless those who mourn the death of relative or friend

and feel that with this loss their lives are incomplete.

Bless those who mourn, and fill these empty hearts

with pleasant memories, the sound of laughter, sunshine and happier days.
Bless those who mourn, and heal their brokenness with the soothing balm of your gentle touch,

that they might know shalom, wholeness, and peace

We pray this I Jesus' wonderful name, Amen



www.barmillscommunitychurch.org/prayer-request







Socks are the number one most requested item in shelters

# **Sock Drive**

January 2, 2022 to January 30, 2022



#### We are collecting packages of NEW socks for those in need



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'If you have two shirts (or two pair of socks), give one to the poor' LUKE 3:11

Monetary donations and the efforts of committed volunteers allow these organizations to continue providing services to those who depend on these services.

Thank You!





**Friendship House** is a home for men who are in recovery from substance abuse, have little or no income and need a safe place to live. Our home extends the love and grace of God in practical ways. Our house manager lives onsite. A community and family living atmosphere is fostered where lasting friendships and support are a result, as men journey to recovery together. Friendship House provides a safe, sober environment in a residential setting. We provide support as our residents seek sobriety, stable employment, long term housing solutions and build a community support network.



In 1975 **Preble Street** was founded as a neighborhood center to involve and empower homeless and low-income residents. Today, Preble Street has become the hub of programs for the most vulnerable and underserved residents of Portland.

**Preble Street** is committed to providing safe, affordable, permanent housing and support to chronically homeless men and women in Maine. Our services are based on approaches to homelessness and chronic mental illness that have emerged nationally as key strategies for ending homelessness combined with experience gained at the Preble Street Resource Center. Based on a pioneering Housing First model and a strong partnership between Preble Street and Avesta Housing, the success of our landmark housing programs validates a strategy that can end chronic homelessness in Maine and across the nation.



# Take Out Lunch

Choose One Entree

**Choose One Soup** 









Ham Italian Sandwich

Mac & Cheese

Cheddar Broccoli Soup Chicken Noodle Soup

January 12, 2022

### **Bar Mills Community Church**

13 Hermit Thrush Drive, Buxton, Maine / www.barmillscommunitychurch.org



To Place Order Contact: Judy @ 929-5555 / judysjul@gmail.com

Place Order By: Monday, January 10, 2022



#### Happy New Year!

This is one flight you do not want to miss.

#### Flight 2022 Instructions

Good morning and welcome to Flight 2022.

We are prepared to take off into the New Year.

Please make sure your Positive Attitude and Gratitude are secured and locked in the upright position.

All self-destruct devices: pity, anger, selfishness, pride, and resentment should be turned off at this time.

All negativity, hurt, and discouragement should be put away.

Should you lose your Positive Attitude under pressure during this flight, reach up and pull down a prayer.

Prayers will automatically be activated by Faith.

Once your Faith is activated, you can assist other passengers who are of little faith.

There will be NO BAGGAGE allowed on this flight.

GOD, our Captain, has cleared us for take-off.

**Destination - GREATNESS!** 

Wishing you a New Year

filled with new HOPE, new JOY, and new BEGINNINGS!

Stay Blessed!

And welcome in 2022.



# January 2022

Sunday		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
							1 Happy New Year!	
10:00 am Worship Service	2	7:00 pm AA Meeting	4	5	6	7	8	
10:00 am Worship Service	9	7:00 pm AA Meeting	6:30 pm Council Meeting	12 11:30 am Take Out Lunch 6:00 Bible Study	13	14	15	
10:00 am Worship Service 11:30 am Annual Meeting	16	7:00 pm AA Meeting	18	6:00 Bible Study	20	21	5:00 pm Free Supper Hawaiian Theme	
10:00 am Worship Service	23	7:00 pm AA Meeting	25	6:00 Bible Study	27	28	29	
10:00 am Worship Service	30							