



DAILY DEVOTIONAL

WEEK TWO

PROUD & HAUGHTY

WEEK TWO DAILY DEVOTIONAL

DAY ONE:

BREATHE: Calm. Quiet. Hope. Trust.

Take a few minutes and practice our breathing prayer as you come into God's presence.

MUSIC: Listen to John Michael Talbot's *Come to the Quiet*.

OPENING PRAYER: Psalm 131 (CSB)

Lord, my heart is not proud; my eyes are not haughty. I do not get involved with things too great or too wondrous for me. Instead, I have calmed and quieted my soul like a weaned child with its mother; my soul is like a weaned child. Put your hope in the Lord, both now and forever. Amen

READ: Psalm 131:1, CSB

Lord, my heart is not proud; my eyes are not haughty.
I do not get involved with things too great or too wondrous for me.

CONSIDER:

- What does it mean to have a proud heart? [Pride] Why is pride dangerous? How have you seen pride damage your life?
- What does it mean to have haughty eyes? [Ambition] Why is ambition dangerous? How have you seen ambition damage your life?
- What does it mean to get involved with things too great or too wondrous? [Arrogance] Why is arrogance dangerous? How have you seen arrogance damage your life?

READ: Psalm 131:1, CSB

Lord, my heart is not proud; my eyes are not haughty.
I do not get involved with things too great or too wondrous for me.

MUSIC: Listen to *Psalm 131* by Poor Bishop Hooper

JOURNAL: Take time to confess and surrender your pride, ambition, and arrogance to God.

CLOSING PRAYER: Psalm 131 (CSB)

Lord, my heart is proud and my eyes are haughty. I get involved with things greater than myself. I surrender control to you. Guide my spirit toward peace. Help me discover the calm and quiet of a weaned child. Lead me into maturity. I put my hope in you, for there is faithful love and redemption in abundance. I am trusting you to guide me both now and forever. Amen.

BREATHE: Calm. Quiet. Hope. Trust.

WEEK TWO DAILY DEVOTIONAL

DAY TWO:

BREATHE: Calm. Quiet. Hope. Trust.

Take a few minutes and practice our breathing prayer as you come into God's presence.

MUSIC: Listen to John Michael Talbot's *Come to the Quiet*.

OPENING PRAYER: Psalm 131 (CSB)

Lord, my heart is not proud; my eyes are not haughty. I do not get involved with things too great or too wondrous for me. Instead, I have calmed and quieted my soul like a weaned child with its mother; my soul is like a weaned child. Put your hope in the Lord, both now and forever. Amen

READ: Psalm 131:1, CSB

Lord, my heart is not proud; my eyes are not haughty. I do not get involved with things too great or too wondrous for me.

READ: Luke 12:16-21, The Parable of the Rich Fool

CONSIDER:

- How does this man embody a proud heart [pride] and haughty eyes [ambition]? How do his actions portray a person attempting to be involved with things too great or wondrous [arrogance]?
- What was the consequence for his pride, ambition, and arrogance? Do you think this consequence was appropriate?
- What do you think Jesus is attempting to teach through this parable? What dangers is he wanting us to avoid? What perspective does he want us to adopt?
- Do you see yourself in this story? How are you like this man? What do you tend to treasure, thing of earth or things of heaven?

READ: Matthew 6:21

"For where your treasure is, there your heart will be also." - Jesus

READ: Psalm 131:1, CSB

Lord, my heart is not proud; my eyes are not haughty.
I do not get involved with things too great or too wondrous for me.

MUSIC: Listen to *Psalm 131* by Poor Bishop Hooper

JOURNAL: How has your pursuit of earthly treasures lead to pride, ambition, and arrogance. Take some time to privately confess your earthly pursuits and your attempt to find worth in your own achievements. Surrender your pursuits to God, seeking his treasure over your own.

CLOSING PRAYER: Psalm 131 (CSB)

Lord, my heart is proud and my eyes are haughty. I get involved with things greater than myself. I surrender control to you. Guide my spirit toward peace. Help me discover the calm and quiet of a weaned child. Lead me into maturity. I put my hope in you, for there is faithful love and redemption in abundance. I am trusting you to guide me both now and forever. Amen.

BREATHE: Calm. Quiet. Hope. Trust.

WEEK TWO DAILY DEVOTIONAL

DAY THREE:

BREATHE: Calm. Quiet. Hope. Trust.

Take a few minutes and practice our breathing prayer as you come into God's presence.

MUSIC: Listen to John Michael Talbot's *Come to the Quiet*.

OPENING PRAYER: Psalm 131 (CSB)

Lord, my heart is not proud; my eyes are not haughty. I do not get involved with things too great or too wondrous for me. Instead, I have calmed and quieted my soul like a weaned child with its mother; my soul is like a weaned child. Put your hope in the Lord, both now and forever. Amen

READ: Psalm 131:1, CSB

Lord, my heart is not proud; my eyes are not haughty.

I do not get involved with things too great or too wondrous for me.

READ: James 4: 13-17

CONSIDER:

- Does this passage teach us that it is wrong to make plans? How can making future plans lead to pride, ambition, and arrogance?
- What might be the problem with declaring your plans for the future? How could that be considered prideful, ambitious, or arrogant?
- Why is it important to remember that we are a vapor and need to seek the Lord's will when making plans? How might having this perspective allow us to avoid a proud heart [pride] and haughty eyes [ambition] getting involved with things too great or wondrous [arrogance]?
- What do you think James is attempting to teach? What dangers is he wanting us to avoid? What perspective does he want us to adopt? What lesson do you need to learn?

READ: Matthew 6:33 "Seek first his kingdom and his righteousness." - Jesus

- Which do you tend to seek, your kingdom or God's kingdom?
- How has seeking your own kingdom lead to stress, frustration, and worry?
- How can seeking God's kingdom lead to a calm heart and a quiet soul?
- Where do you need to seek God's kingdom in your life?

READ: Psalm 131:1, CSB

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MUSIC: Listen to *Psalm 131* by Poor Bishop Hooper

CLOSING PRAYER: Psalm 131 (CSB)

Lord, my heart is proud and my eyes are haughty. I get involved with things greater than myself. I surrender control to you. Guide my spirit toward peace. Help me discover the calm and quiet of a weaned child. Lead me into maturity. I put my hope in you, for there is faithful love and redemption in abundance. I am trusting you to guide me both now and forever. Amen.

BREATHE: Calm. Quiet. Hope. Trust.

WEEK TWO DAILY DEVOTIONAL

DAY FOUR

BREATHE: Calm. Quiet. Hope. Trust.

Take a few minutes and practice our breathing prayer as you come into God's presence.

MUSIC: Listen to John Michael Talbot's *Come to the Quiet*.

OPENING PRAYER: Psalm 131 (CSB)

Lord, my heart is not proud; my eyes are not haughty. I do not get involved with things too great or too wondrous for me. Instead, I have calmed and quieted my soul like a weaned child with its mother; my soul is like a weaned child. Put your hope in the Lord, both now and forever. Amen

READ: Psalm 131:1, CSB

Lord, my heart is not proud; my eyes are not haughty.
I do not get involved with things too great or too wondrous for me.

Luke 18:18-27: The Rich Young Ruler

CONSIDER:

- How did this young man approach Jesus with a sense of false humility? How did he display pride, ambition, and arrogance?
- How does Jesus point out this man's false humility?
- What was the one thing he lacked? Was it more than a love for money? What do you think was the root of this man's unwillingness to surrender?
- What happiness would this man have found if he had surrendered to Jesus? How would he have discovered a calm heart and a quiet soul?

LUKE 18:27: "What is impossible with man is possible with God." - Jesus

JOURNAL: The cure for our pride and arrogance is surrender. When we surrender control to God, we discover a calm for our heart and quiet your soul. Does it feel impossible to surrender your pride, ambition, and arrogance? Share with God the things you find impossible to surrender and ask Him to make it possible.

READ: Psalm 131:1, CSB

Lord, my heart is not proud; my eyes are not haughty.
I do not get involved with things too great or too wondrous for me.

MUSIC: Listen to *Psalm 131* by Poor Bishop Hooper

CLOSING PRAYER: Psalm 131 (CSB)

Lord, my heart is proud and my eyes are haughty. I get involved with things greater than myself. I surrender control to you. Guide my spirit toward peace. Help me discover the calm and quiet of a weaned child. Lead me into maturity. I put my hope in you, for there is faithful love and redemption in abundance. I am trusting you to guide me both now and forever. Amen.

BREATHE: Calm. Quiet. Hope. Trust.

WEEK TWO DAILY DEVOTIONAL

DAY FIVE:

BREATHE: Calm. Quiet. Hope. Trust.

Take a few minutes and practice our breathing prayer as you come into God's presence.

MUSIC: Listen to John Michael Talbot's chant Psalm 131

OPENING PRAYER: Psalm 131 (CSB)

Lord, my heart is not proud; my eyes are not haughty. I do not get involved with things too great or too wondrous for me. Instead, I have calmed and quieted my soul like a weaned child with its mother; my soul is like a weaned child. Put your hope in the Lord, both now and forever. Amen

READ: Psalm 131:1-2a

Lord, my heart is not proud; my eyes are not haughty.
I do not get involved with things too great or too wondrous for me.
Instead, I have calmed and quieted my soul.

PONDER: The cure for pride, ambition, and arrogance is surrender. When you surrender control to God you calm your heart and quiet your soul, hope in the Lord, trust now and always. This is a continual process of submission to God and reliance on his direction for your life.

Read Proverbs 3:5-12.

INTERACT: You can either mark in your own Bible or print the passage off the internet to interact.

Choose three colored pencils, highlighters, or pens. In separate colors underline the following.

COLOR 1: Examples of pride, ambition, and arrogance.

COLOR 2: The instruction God

COLOR 3: The promises of God

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What do these proverbs say about following our pride, ambition, and arrogance?

- What instructions does it give about surrendering to God?
- What are the promises that God makes to those who surrender?
- How can reflecting on this proverb help calm your heart and quiet soul?

READ: (adapted from Proverbs 3 & Psalm 131)

*Trust in the Lord with all your heart, a heart is not proud
Don't be wise in your own eyes; eyes that are not haughty
Don't rely on your own understanding;
don't seek things too great or wondrous.*

*Instead, in all your ways know him, discover a calm and quiet soul
Put your hope in the Lord,
trust in him and he will make my paths straight.*

MUSIC: Listen to Psalm 131 by Poor Bishop Hooper

CLOSING PRAYER: Psalm 131 (CSB)

Lord, my heart is proud and my eyes are haughty. I get involved with things greater than myself. I surrender control to you. Guide my spirit toward peace. Help me discover the calm and quiet of a weaned child. Lead me into maturity. I put my hope in you, forever. Amen.

BREATHE: Calm. Quiet. Hope. Trust.